

23 October 2017

Care and Resilience training - Bathurst

Invitation

Members of the PSA and CPSU NSW in Bathurst are invited to two lunch-n-learn sessions on the PSA's Care and Resilience sessions.

Many members face significant psychological stressors in their work and at home. The PSA has developed training materials so we can support each other when facing psychological stress.

The sessions will be run at the PSA Bathurst Office at:

- » **Session1: 12-1pm**
Session2: 1-2pm
- » **Thursday 26 of October**
- » **PSA Central West Office**
2/107 Bentinck Street, Bathurst NSW
2795

Light refreshments will be provided.

