

## The PSA; training you in 2020

The PSA conducts regular training which is available to members in both metro and regional areas. Union training is a valuable tool to empower members and delegates to build power in their workplaces and achieve good and effective resolutions to workplace issues.

### The following courses are available in 2020

- Introduction to the PSA/CPSU NSW
- Role of the Delegate
- Dealing with Member Issues
- Work, Health and Safety (two days)
- Mental Health, Care and Resilience
- Dealing with Workplace Bullying
- Achieving Workplace Flexibility
- Dealing with Restructures
- Meeting and Negotiation Skills
- Public Speaking
- Women in the Union

You can find out the dates for these training courses as well as individual course descriptions by using the following link: [psa.asn.au/training-you](https://psa.asn.au/training-you).

As a PSA member you are entitled to 12 days' paid trade union training leave every two years.

