



18 November 2020

## Alcohol, drug or gambling problems? Help is at hand for all members

It has been a tough year. Following on from the bushfires, the COVID-19 pandemic has seen a rise in addictive behaviours, such as alcohol and drug abuse and excessive gambling. Your union also recognises the stress constant workplace change can have on our members.

The PSA/CPSU NSW takes the health and wellbeing of its members seriously. Your union has teamed up with support centre Foundation House to help members and their families kick unwanted and dangerous habits. Click [HERE](#) to see General Secretary Stewart Little talk about the program.

Under this new arrangement, all members and their immediate family members will get priority on waiting lists with this program.

As a financial member of PSA/CPSU NSW these programs will be run at **no cost** to members and their immediate family members.

Foundation House is based in Sydney's inner west, which runs a 28-day residential in-house rehab program, followed by ongoing support, with outpatient counselling and relapse prevention.

Treatment programs will also provide support for the family members and partners of participants.

Confidential and discreet confirmation of financial membership is assured.

Foundation House was formed 20 years ago for workers in the construction industry, with funding from unions in that industry. Since then it has expanded its operations to members from a wide variety of unions.

For more details on how to access this program, click [HERE](#).

