



7 December 2020

What Women Want: supporting your mental health

In our inaugural *What Women Want* survey, you told us mental health at work was among the top six issues for what you want to see improve in our workplaces. Mental health is a work health and safety issue and one we can support each other on. We know we are stronger together and one of the ways the PSA/CPSU NSW ensures our strength is offering training for members.

There are still places left for training in the Work Health and Safety and Mental Health webinars for this year. You can express your interest in these online courses [HERE](#).

Keep an eye out for more training as we finalise our 2021 training timetable, and put together a calendar that reflects the needs of our growing membership and draws on the great information generously shared with us as part of What Women Want.

In solidarity,
Trish O'Brien
Chair, Women's Council
Welfare Officer

